



Carpenters Center for Health

Your Family's Health Partner



The Carpenters Center for Health: Putting YOU First

These days, no one expects to receive health care for free, but that's just what you'll get at the Carpenters Center for Health. The Health Center is staffed by the highest-quality providers who focus on comprehensive, personalized care—all for the low cost of \$0!

When you're at the Health Center, you're the priority. The Health Center was designed **exclusively** for Carpenters and is only open to members, spouses, and dependent children, ages 2 and older, who are eligible and enrolled in comprehensive medical benefits under the Chicago Regional Council of Carpenters Welfare Fund's Active, Retiree, and Low Cost Medical Plans.

Make the Health Center Your Family's Health Partner

The Health Center is a convenient location to get treatment and wellness checkups—at no cost to you. Making the Health Center the primary care provider (PCP) for you and your family members may save you time and money.

It is important to have a qualified medical professional at the center of all your health care needs. If you see a PCP on a regular basis, health issues may be avoided, and other serious conditions can be detected early. A PCP also helps you navigate care outside the Health Center, including recommending specialists and surgeons if needed. Isn't it time you had a partner for your health care needs?



Need help after hours or not sure if you need care?

Call the Health Center's 24/7 Nurse Line at (312) 260-1189. Note: If you think you may be having a medical emergency, please dial 911.

What's Covered

The Health Center, in partnership with Premise Health, coordinates and manages care for non-urgent and ongoing chronic medical conditions. The Health Center staff includes a doctor, nurse practitioner, registered nurse, wellness and condition management nurse, medical assistants, health center manager, and skilled support staff.

The Health Center is a full-service doctor's office, offering free services including:

- ✳ **Coordination of care**, including annual physicals; sports and back-to-school physicals; women's health services (routine Pap and pelvic exams); skin, breast, and prostate cancer screenings; routine lab tests; blood pressure screenings; immunizations and vaccines; allergy management services.
- ✳ **Management of chronic and acute conditions**, such as diabetes; heart disease; high blood pressure and cholesterol; cold, flu, and upper respiratory symptoms; earaches and sinus infections; sprains, burns, and other minor injuries; minor surgical procedures, such as suturing and splinter removal.
- ✳ **Laboratory testing** for the flu, strep throat, and pregnancy; collection of lab specimens for provider-ordered tests, such as blood and urine.

Dealing With a Chronic Condition or Looking to Improve Your Health?

The Health Center has you covered for ongoing treatment and management of chronic conditions, such as asthma, diabetes, high cholesterol, and hypertension. The on-site **Wellness Coach and Disease Management Nurse** can work with you on wellness, nutrition, tobacco cessation, mental health concerns, behavioral modification, and self-care techniques to improve your health. Coaching sessions are available one on one, as couples or families, in person, and even by phone!

Need a Prescription?

When you receive care at the Health Center and are diagnosed with an illness, while there is not a full-service pharmacy on-site, the Health Center does carry a variety of common medications for treatment of acute illnesses, such as infection and strep throat.

If you're diagnosed with an illness or chronic condition, you can receive a **FREE** starter supply of a generic medication at the Health Center, such as a cholesterol-lowering medication for a diagnosis of high cholesterol. Then, the staff will send a full prescription to your regular pharmacy or the Express Scripts mail-order pharmacy.



What You'll Pay

All services performed at the Health Center are **FREE**, including coaching sessions with the Wellness Coach and Disease Management Nurse, for eligible members and dependents, ages 2 and older, who are enrolled in comprehensive medical benefits under the Chicago Regional Council of Carpenters Welfare Fund's Active, Retiree, and Low Cost Medical Plans.

Note: If the Health Center refers you to another provider or testing center, what you pay depends on the PPO affiliation of the provider, the services you receive, and whether you've met the calendar-year deductible. Visit crcbenefits.org for the Schedules of Benefits for the Active, Retiree, and Low Cost Medical Plans.



The Carpenters Center for Health—Your Family's Health Partner

The Health Center hours make it easy to find an appointment that fits your schedule. If you're not able to visit in person, you can schedule a virtual visit with a Health Center provider.

Hours	Location	To Schedule an Appointment
Monday, Tuesday, Wednesday, Friday: 8:00 a.m.–5:00 p.m.	4979 Indiana Avenue Suite 312 Lisle, IL 60532	Visit crchealthcenter.org and connect to the secure online patient portal. There you can schedule appointments, send secure messages to your provider, view lab results, request prescription refills, and more, or call (312) 337-4150 during regular business hours.
Thursday: 10:00 a.m.–7:00 p.m.		In many cases, same-day appointments are available!

Receipt of this information is not a guarantee of eligibility for benefits.



Your Future — Our Focus

Chicago Regional Council
of Carpenters Welfare Fund
12 East Erie Street
Chicago, Illinois 60611-2796